

*This issue contains:*

- \*Welcome Spring!
- \*Penn-Trafford Physical Therapy 13 year Anniversary!
- \*Brain Teaser Contest
- \*Referral Winner
- \*Check us out on Facebook

### Brain Teaser Contest

*This issue's brainteaser is challenging, make sure you really think this one through...*



The first 25 callers who solve and call with the answer will have their names entered into a drawing for a gift card. **Call 724-744-7200 with your answer.**

We had 18 callers correctly solve the last brainteaser. The winner of the brainteaser contest was **Lucille Mariana**. Congratulations Lucille and to all who correctly solved the brainteaser.

Last newsletter's brain teaser:  
**Touch Down**



Please "LIKE" Penn-Trafford Physical Therapy on Facebook and see what helpful information we have to offer.

**Hope you enjoyed the newsletter. If you have any suggestions for future topics, call us at 724-744-7200.**



# PENN - TRAFFORD PHYSICAL THERAPY, INC.

Volume Number 38 • Issue Number 38 • Spring 2015

## Welcome to our 38th Penn-Trafford Physical Therapy Inc. Newsletter

### *PENN-TRAFFORD PHYSICAL THERAPY 13 YEAR ANNIVERSARY*

Penn-Trafford Physical Therapy is celebrating its 13th year of operation here in Harrison City! We continue to serve the Penn-Trafford, Irwin, Jeannette and Murrys ville communities. Looking back on our early days of operation it's hard to believe how much we've grown..... but our staff has continuously stayed the same. This is because we love our patients and the relationships we've built throughout the years. Our job is rewarding, our job is enjoyable, and our job is taking care of you! Did you know that 99.6% of our patients would return for physical therapy? We would like to say THANK YOU for your loyalty and support! Here's to another 13 years! Penn-Trafford Physical Therapy offers one on one physical therapy care for joint and muscle pain from injury and/or post-surgery. We also offer custom programs for athletes, balance disturbances & spinal issues. Don't forget we also offer direct access, which is physical therapy without a physician referral for 30 days.



**Spring, spring you're finally here....**flowers blooming everywhere, bees are buzzing, birds are coming. Spring is here.....it's in the air!



Penn-Trafford Physical Therapy sure is happy spring has arrived! Now is a good time to start thinking about all the "to do's" on your list and begin checking them off one by one. Washing your car, painting, exercising, mowing and planting flowers to name a few but most importantly we want you to take care of YOU! Call us at 724-744-7200 if you need our service-we are ready and willing to help!



### REFERRAL APPRECIATION

**Penn-Trafford Physical Therapy Inc.**, would like to thank those patients who recommended us to their family and friends. Their names will be entered into a drawing for a gift certificate. So if you recommend us to others, you too can have your name entered into a drawing for a gift card.

**Nancy Pcolar** will receive a gift certificate for being selected from our last referral appreciation drawing. Thank you!



**We offer Bio-Freeze at Penn-Trafford Physical Therapy. We have 3 oz. roll-ons and 4 oz. tubes and introducing our newest choice...a 4 oz. 360° spray. Please be sure to stop in and see us if you need some.**

**Don't forget to visit our website at: [www.ptpti.com](http://www.ptpti.com). If you have any comments or suggestions, please feel free to call us at 724-744-7200.**